

Packing List



Required

- Twin-size air mattress, cot, or foam pad
- Sleeping bag or sheets
- Blanket and pillow
- Towel and washcloth
- Swimsuit and shower shoes
- Toothpaste and toothbrush
- Soap and shampoo
- Any prescription medications [*must be declared to your adult leader prior to departure*]
- Laundry/plastic bags for dirty clothes
- Long jeans/pants and shorts
- Socks, pajamas, & underclothes
- Work shirts
- Work boots or sturdy shoes [*closed-toed shoes must be worn to all work sites*]
- Bandana, hat, or visor
- Personal health insurance card or legible copy [*each student needs to have a copy on his/her person at all work sites*]
- Bible
- Sunscreen and insect repellent
- Sturdy work gloves
- Sunglasses

Optional

- Jacket
- Mirror
- Camera
- Rain gear
- Musical instruments
- Personal fan
- Flashlight
- Alarm clock
- Spending money [*meals and snacks will be provided – spending money would be for souvenirs or “extra” things*]

Do NOT bring

- × iPods/cell phones/MP3 players
- × Alcohol, tobacco products, or illegal drugs
- × Expensive clothing or jewelry
- × Computers, electronic games, or anything really valuable
- × Fireworks, weapons, or toy guns
- × Skimpy or revealing clothes
- × Non-prescription medications

A special note on cell phones & iPods – It is preferable for you to leave these items at home for security purposes and because they can interfere with meeting new friends. If you do bring these items with you, they may only be used in the sleeping room before bed – not during programs or on work sites.

Some dress code reminders – You must wear sturdy, modest clothes. Refer to your Group Covenant for details. Closed toed shoes are required at several of the project sites for safety reasons. No spaghetti strap tanks, preferably t-shirts in addition to modest shorts and no tight pants. One-piece suit or tankini swimsuit is best for girls.